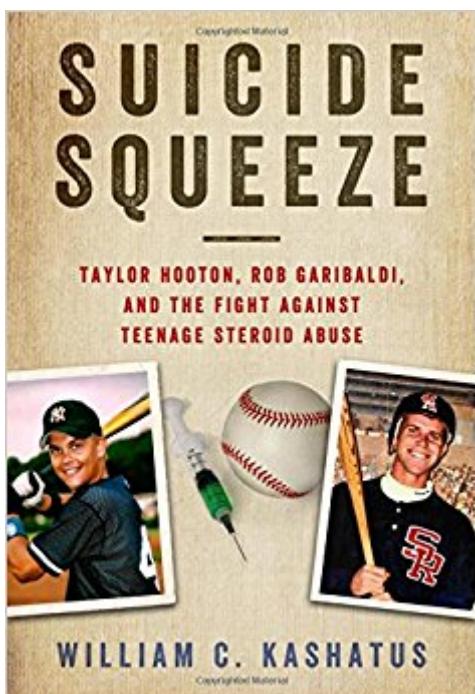


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# **Suicide Squeeze: Taylor Hooton, Rob Garibaldi, And The Fight Against Teenage Steroid Abuse**



## Synopsis

Appearance- and performance-enhancing drugs—specifically, anabolic steroids (APEDs)—provide a tempting competitive advantage for amateur baseball players. But this shortcut can exact a fatal cost on talented athletes. In his urgent book *Suicide Squeeze*, William Kashatus chronicles the experiences of Taylor Hooton and Rob Garibaldi, two promising high school baseball players who abused APEDs in the hopes of attracting professional scouts and Division I recruiters. However, as a result of their steroid abuse, they ended up taking their own lives. In *Suicide Squeeze*—named for the high-risk play in baseball to steal home—Kashatus identifies the symptoms and dangers of steroid use among teens. Using archival research and interviews with the Hooton and Garibaldi families, he explores the lives and deaths of these two troubled young men, the impact of their suicides on MLB, and the ongoing fight against adolescent APED use by their parents. A passionate appeal to prevent additional senseless deaths by athletes, *Suicide Squeeze* is an important contribution to debates on youth and sports and on public policy.

## Book Information

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## Customer Reviews

A heartbreak story of steroids-related suicides by two promising young amateur baseball players that mobilized Major League Baseball's campaign against steroid use

Appearance- and performance-enhancing drugs—specifically, anabolic steroids (APEDs)—provide a tempting competitive advantage for amateur baseball players. But this

shortcut can exact a fatal cost on talented athletes. In his urgent book *Suicide Squeeze*, William Kashatus chronicles the experiences of Taylor Hooton and Rob Garibaldi, two promising high school baseball players who abused APEDs in the hopes of attracting professional scouts and Division I recruiters. However, as a result of their steroid abuse, they ended up taking their own lives. In *Suicide Squeeze* – named for the high-risk play in baseball to steal home – Kashatus identifies the symptoms and dangers of steroid use among teens. Using archival research and interviews with the Hooton and Garibaldi families, he explores the lives and deaths of these two troubled young men, the impact of their suicides on MLB, and the ongoing fight against adolescent APED use by their parents. A passionate appeal to prevent additional senseless deaths by athletes, *Suicide Squeeze* is an important contribution to debates on youth and sports and on public policy.

Bill Kashatus has written about an epidemic of youth performance enhancing drug use that has gone unrecognized in America. The reader will learn that this epidemic is hidden in plain site, that it is widespread among American youth, and to illustrate these points he uses two real examples of kids and families that were tragically affected by steroid use.

A very good informative book. Easy read. Really opens ones eyes to what's really going on.

A must-read for parents, educators and coaches of young athletes, male and female alike. Mr Kashatus thoughtfully documents the true story of the dangers of Appearance and Performance-Enhancing Drugs as experienced by 2 families who lost their sons prior to the Steroid Era. Despite progress in sports regarding such drug abuse, this problem is far from being over!!

Such a well written, shocking book. A must for every parent, especially those who think they know it all.

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